

KUNG HEI FAT CHOI

Gay and Lesbian Magazine

**Issue 1 February 1993** 

#### HONG KONG AIDS FOUNDATION

General Enquires: 560 8528

Helpline: 513 0513

(Telephone Counselling Mon - Fri 8 PM - 10 PM)

Infoline: 170 222 170 (24 hours Information Telephone Line)

## The Hong Kong 10% Club

offer

**Support Network** 

Friendship and Fun

**Lesbians and Gay Dignity** 

Power to Lesbian and Gay Rights

WE ARE THE PEOPLE

Write to: TST P.O. Box 90708 attention Mr. Wong

Telephone: 692-7506

## The Editor

Kung Hei Fat Choi, and welcome to the year of the rooster, also welcome to the very first issue of **CONTACTS MAGAZINE** the only Lesbian & Gay magazine in Hong Kong.

Contacts Magazine aims to both inform and entertain you its readers, on matters that affect Lesbian & Gay people in Hong Kong. Inside this issue of the magazine you will find News, Feature, Fiction, Reviews, Readers Letters, and of course personal adds.

Contacts magazine is pleased by the support that it has received from the press and media in Hong Kong, from advertisers, and from other lesbian & gay magazines from around the world. And in particular you our readers.

Contacts Magazine is also a forum for you to express your views on anything that concern's you or the lesbian & gay community, through the letters pages, and we welcome your comments and suggestions, We will never publish the names of people who write to us unless they expressly request us to.

Contacts Magazine is a FREE publication which is available by subscription or from you favourite gay venue. If your local club, bar or sauna does not have copies of Contacts Magazine, you should ask them to contact us and we will be pleased to supply copies. To get your own personal copy faster (before they are available in club's etc) complete the subscription request in the personal ad's section.

For our regular readers we will have lots of special offers so you will need to get your copy quickly. Make sure by placing a subscription now for the New Year.

Happy reading, The Editor



Editor
Barrie Brandon
News & Features
Alex Chiu
Advertising & Subscriptions
Tony Ng

## Contents

Life in The Closet4
Buddy Service5
Watch Your Language! 6
Readers Letters7
Reviews8
Diary9
Contacts10
Hong Kong Gay Guide 12

Contacts Magazine is published by Island Publishing Co Ltd. G.P.O. Box 13427 Hong Kong. Fax: 547-0898. © 1993 Contacts Magazine.

### The High Cost of Life in The Closet

For decades, experimental psychologists have studied the effects of confinement on laboratory animals. Their findings substantiate what we would expect: In a variety of cases, anxiety & stress levels increase in the subjects studied with many showing related physical symptoms. Confinement whether physical (incarceration), spiritual (thoughts and feelings) or a combination of the two, can have a similar effect on humans.

Living in the closet homosexuals confine a large part of personal identity (the answer to the question "Who am I"). Although it is a rational response to irrational fear (homophobia), being in the closet exacts a high price for most gays and lesbians.

Homophobia, fuelled by society's continued lack of knowledge, understanding and tolerance of a difference in sexual orientation (your sexual preference concerning the choice of a partner) is responsible for the decision many gays and lesbians make to live secret lives, separate and apart from visible "public" lives. Life in the closet is about fear, keeping secrets, feeling split, remaining hidden, telling-less-than truths; it is a terrible burden and what may begin as an exiting challenge, over time, develops into, for many a "full time job".

## WHO AM I RIGHT NOW? WHO DO I WANT TO BE?

What are the long term effects exacted in living this way? Well, for one thing, split identity (publicly straight, privately gay or lesbian) is confusing as you ask yourself, in any particular situation,- "Who am I right now? Who do I want to be? Have to be?" Split identity combined with the emotional (and perhaps physical) effort of "Keeping-the-secret", uses up an incredible amount of energy. Guilt, fear, insecurity, low self esteem and distrust can all be possible long term effects of closet life.

It is worth reiterating here, that the choice you make to keep your homosexuality hidden, is in many (if not most) cases a practical self-protecting, adaptive one. Gays and lesbians, in the closet are reacting to the social, religious and/or legal stigma that a particular society places on homosexuality. It is a rational response to an irrational fear or attitude on society's behalf.

## WHAT ARE THE LONG TERM EFFECTS OF LIVING THIS WAY

Given that homophobia is not a new phenomenon and that such attitudes and beliefs are deeply ingrained and long standing; given that change from intolerant-to-tolerant, from non-acceptance-to-accepting, is a very slow process and; given that institutionalised homophobia can be "legalised" away while personal, individual prejudices persist, how can gays & lesbians profit from such a discordant way of life?

The major "benefit" of a life-in-the-closet is that this common, shared experience, can be a rallying point for solidarity within Hong Kong's homosexual community. The tolerance for difference that gays & lesbians seek from the heterosexual community can be modelled

(continued on next page)

#### The High Cost of Life in The Closet (continued)

within. This community as those who choose to be out respect & protect those who choose to be in (the closet). Empathy and sensitivity for individual choices can lead to greater dialogue, sharing and learning from each other, trustingly and with confidence, sharing your experiences, thoughts & feelings about being gay or lesbian how the sense of isolation associated with closet life can be transformed into a sense of emotional intimacy.

In sum, life in the closet may be a necessity for some, but it need not be synonymous with life in the dark.

Linda Rosenbluth, B.A., M.A. Counselling Psychologist

#### **Writers Wanted**

If you have or are able to write a short story that you think may be suitable for publication.

Please send it to:

Contacts Magazine G.P.O. Box 13427 Hong Kong, Fax: 547-0898

#### REMEMBER!

A CONDOM IS A LIFE SAVER YOURS!

### More Demand for AIDS Concern's Buddy Service

Over the last 6 months there has been increasing demand for this service. Sad be-

cause it means more people are being affected by the virus, but there is a positive side in that more and more people are availing of our service and benefiting from our help.

Two of our clients have since died, one of whom was totally dependant on us for visiting and caring for him because his family could not cope with his diagnosis. He will be remembered by everyone as he is commemorated in our quilt panel that will hang in Pacific Place and eventually join the quilt in the United States.

Some of our other clients are quite ill and both they and their carers require a lot of

loving and support. Others are at the early stage of diagnosis when they oftentimes need someone to talk to and meet on occasions.

At present, we are the buddying seven people,

one woman, two teenagers and five men. All but two are Chinese speaking. The majority of our clients are only Chinese speaking, hence the need to recruit more bilingual buddies.

Clients are referred to us from the Queen Elizabeth Hospital AIDS Unit, our own telephone Helpline, friends and private doctors.

Do You Care Enough to be a "Buddy"

Reprinted from the October issue of the AIDS Concern News.

### Watch Your Language!

I am often amused, sometimes angry about the language we use to each other. All too often, it seems to me, we allow heterosexuals to dictate what we may or may not say. Examples might be how we address, and when, the most important person in our life.

Joe Orton said in Prick-up Your Ears, "this is my friend". He was referring to the most important person in his life at that time. It is also of course, important how one stresses the word. MY friend is so different from my friend, not that most heterosexuals are sensitive enough to get the difference.

What about the other terms we use? Lover, Boy or Girl friend, Partner, Other (better?) Half, Wife or Husband, how and when should or could we use them? Lover seems at first glance to be romantic and exciting - and hopefully it is! But it also implies lack of permanence and smacks of an illicit affair.

Boy or Girl friend, this one is used most in Hong Kong. It sounds innocuous enough until we look at it closely. I guess it's right if one is a teenager when one does, usually, have a large number of platonic friendships. It doesn't conjure up ideas of long lasting meaningful relationships though does it?

Partner sound fine, gives the idea of sharing, caring and long term commitment. The other side of the coin is that it is usually used by more mature (older) people. It also has a

ring of staidness about it; surely not what one means to imply.

Other (better) half. Really, this phrase ought to be consigned to the garbage can! To insinuate that one is only half a person - or that the important person in one's life is only half a person is, at the very least derogatory. Better not use this one!

Wife or Husband. No, not gender bending! We can use this if we like to the most important person in our lives. Just because other sections of society use it, is not a reason, I believe, to stop us using it. Living with someone you love and caring for each other as you go about your daily lives is, I would argue, the same for straights as it is for us. So if you like it use it. We should be free to use whatever term we and The Person in our lives is happy with. Perhaps after reading this article we'll at least be aware that the language we use, and when is extremely important.

#### Arthur

**Editors note:** Our readers may like to add their comments, please write to us.

#### AIDS COUNSELLING & HEALTH EDUCATION SERVICE

Department of Health
Hotline 7802211 (Monday - Friday, 8 AM - 8 PM)

Happy New Year

#### **Bobson Fitness Club**

35 - 37 Hankow Road 3/F Flat D Mas Building Tsim Sha Tsui

Phone 376 2208

Open Mon - Fri 3.30pm - 1am Sat - Sun 3.00pm - 1am



#### A E Men's Centre

(SAUNA)

and enjoy

Karaokie

Tel 5667981

#### RENT THIS SPACE

Benefit your Business.

Advertise in This Space
For Competative Rates

Contacts Magazine, GPO Box 13427, HK Fax: 547-0898

## Readers Letters

#### Well done!

I have waited such a long time for someone to bring a magazine, for us, to this backward colony. **J.C. Kowloon** 

#### I am surprised

at the sudden increase in the publishing activity and glad to see it. Best wishes. **R.J. San Fransisco** 

#### **Best Wishes**

For the success of your magazine.

T.I. Central

Hope it all goes well. G.W. London

#### I am happy,

to hear that Contacts Magazine will be issued in Hong Kong very soon for Lesbian & Gay people. Best wishes for your sucess. **R O, Kwun Tong** 

The Editor welcomes letters from readers on any subject, however the Editor reserves the right to edit readers letters. Please send your letters to: Contacts Magazine G.P.O. Box 13427 H.K. All letters must carry the writers name, address, telephone number, not necessarily for publication.

The mention or appearance of likeness of any persons or organisations or advertising in CONTACTS MAGAZINE is not to be taken as any indication of the sexual, social or political orientation of such persons or organisations. No responsibility can be assumed for any unsolicited materials and submissions is construed as permission to publish without further correspondence and the fee

payable at our usual rates. Advertisers are advised that the copy is their sole responsibility under any relevant legislation. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the permission of the publishers.

## Reviews

THERE ARE OVER two hundred events on offer during the Fringe Festival this year. For those who are unfamiliar with the work of scriptwriters Dino Mahoney/Simon Wu and director Kwong Wai Lap, or are too preoccupied with life's other distractions to be concerned about the predicament of homosexuals and AIDS patients, NO Man's Land could have been given a careless miss. That this remarkable production drew nearly capacity audiences numbering some six hundred was a pleasant surprise.

The play, performed in Cantonese, is in every respect an admirable attempt to address what is still a taboo subject despite the sanction of legislation in our society. The protagonist Ah Ming is a Christian, a teacher and a loving son. The social circles to which he relates serve to highlight the moral courage demanded of him in admitting to himself that he is a homosexual and eventually an AIDS patient. The love and affection between Ah Ming and David dramatised with a kind of tenderness, warmth, joviality and natural grace never seen on the Hong Kong stage, poses the immediate question: can love be censored? It recalls a reference to the St John+s Gospel chapter viii, V.3-11 right at the beginning of the play: Do humans, born sinners, have the right to pass moral judgement on others? The play has a wealth of flesh and blood characters, all good natured and loveable, but what constitutes the tragedy of the play is that their misguided good intentions, prejudices, ignorance or lack of moral justice can inflict as much suffering as the terminal disease of our century.

The play was produced with great economy. In 105 minutes, with a few chairs,

tables, pieces of cloth, a slanted candle and some paper money put to skilful use, the audience is taken through episodes as memorable as the comic, absurdist home inspection scene by Ah Ming's conservative parents and his shrewd, Customs Officer sister, and as emotionally demanding and touching as when Ah Ming dies dreaming of his forever youthful parents in shorts and skirt, bestowing unquestioning love and forgiveness. A powerful original script, sensitive directorial control and a very strong cast combined to produce a piece worthy of international recognition.

#### Estella Tang

THE 3RD ANNUAL Hong Kong Lesbian & Gay Film Festival was held during January at the Arts Centre. The Festival comprised some 60 films spread over 11 programs.

The film subjects chosen by the organisers were very comprehensive and far reaching They covered such diverse topics as Gay History, Disability, The Old and The Young. The organisers of this years festival made a very commendable effort in getting a good balance between lesbian and gay films, and credit must go to them for this achievement.

All of the films and programs that this reporter went to were well attended. Interesting to note here how many solo people there appeared to be. Most of whom were not recognisable as frequenting the commercial gay scene, but I digress. I was disappointed that so many of the films presented were in English and without sub-titles, perhaps the organisers of next years program can redress the balance a little.

Most of the comments heard and overheard seemed to centre around the over exposure of the North American gay subculture, whilst I and I expect many others are happy to sit through maybe one 45 minute film of this origin, a whole evenings program is much too much. It must be said however that the organisers can only select from films that have already been made, perhaps there is a challenge for Asian film and program makers.

Films such as "Outakes" and "Harold & Hiroshi" were both well attended and judging by the response and comments afterwards more films of this type and subject would be well received by the lesbian & gay audience, a note for the organisers I hope.

#### Danny Wong

"THERE are many who believe this disease is God's vengence, but I believe it was sent to teach people how to love and understand and have compasion for each other. I have learned more about love, selflessness and human understanding in this great adventure in the world of Aids than I ever did in the cutthroat, competative world in which I spent my life."

anthony perkins 1932-1992

# Diary

It seems that Tea Dances are all the rage just now, with everybody offering something for your delight. So on with the ball gowns, tiaras, glass slippers and into the glass coach and have fun!!

**Propaganda** is the latest to join the fun with their Tea Dance to be held every Sunday. Please give them a call on 868-1316 for details.

Horizons Tea Dances are held on the first Sunday in the month at Club 97 from 4:00 to 8:00 PM. Entrance is \$50 which includes a free soft drink. All drinks are at Happy Hour prices.

**10% Club** Hold their Tea Dance on the last Sunday of every month at BA2 The Second Generation (tel.: 529-1316) between 2:30 and 6:00 PM. Admission \$40.

Wesley

### BE WILD AT WILDE'S

New Bar for Kowloon. Pat Sephton tells us she is soon to open a new bar, where Gay & Lesbian people will be welcomed.

Pat is to call her new bar Wilde's after one of historys most noted gays Oscar Wilde.

more exciting news next issue Barríe Brandon

## Contacts

#### Men's Personal

**H.K. Chinese** over 21, willing to make friends with middle-aged gays of all nationalities **Box 001** 

Chinese Male aged 28, 5'9" tall 150 pounds, University Graduate. Bank Manager, likes; gym, movies, reading karoake. Seeks friends of similar type. **Box 002** 

Chinese Male over 21, 170cm looking for sincere guy 30-40 who enjoys travel, movies, quiet living style. Straight acting and non-homophobic a must. Box 003

**Looking** for 23-30 year old 6' tall strong well educated gentleman like. Must look presentable. Loves body building, music, sharing. **Box 004** 

Wanted a gentle gay man aged 21-30, 5'5" or taller. Must have a passion for movies. **Box 005** 

Young Gay Chinese professional over 21, new to Hong Kong would like to meet interesting people from all walks of life. Box 006

**Gentle** sincere Chinese 23 into music, movies, drama, doesn't smoke or drink. Seeks like minded guy for friendship/relationship. **Box 007** 

Masculine Chinese over 21, 5'10" hairy, into travelling, movies, music, seeks Chinese guy for romance/friendship/relationship. Photo/phone number appreciated. Box 008

**169cm Chinese Male** 30, deep thinker, humorous, mature and straight acting. Likes movies, writing, gym. Looking for straight acting 31-39 year old. Regret no internal homophobia. **Box 009** 

**Everybody** is desperately seeking somebody, in some days, in some places. Real friends are more than words. And no more alone. **Box 010** 

Young Chinese over 21, hobbies reading, listening to music, all kinds of films. Box 011

Muscled Young Chinese over 21 gay guy 5'7". True and outspoken personality, undergraduate, seeks new friends. Box 012

**Hobbies** cycling, badminton, reading, singing. I'm 5'8", 130 Lbs. Seeks gay guys with similar likes. **Box 013** 

**40 Year Young Chinese** guy 5'7" 150. Likes sunbathing, gym, travel, movies. Wants 23-30 year old muscle man. **Box 014** 

All Letters Answered. Gay Chinese aged 23 wants to meet a friend under 25. Box 015

**Good Looking** overseas Chinese, Asians, mixed, 30's seeking non-feminine younger guys (over 21) of any nationality for sincere friendship/relationship. Photo appreciated. **Box 017** 

Young Chinese over 21 seeks manly guy for sincere steadfast/transient relationship, letter photo, phone appreciated. Box 018

I am an Ordinary Guy, love reading, language, music. I would adore someone around my age 25. Write to me. Box 019

Chinese Mid-30, seeks honest friendship with French & Italian guys over 21. Box 020

Young Chinese Guy 27, Slim happy 5'7". Likes movies and travel. looking for European guys over 40 for friemdship. Photo appreciated. Box 022

I like Design and classical music, opera. I am not handsome but I am gentle and considerate. Box n23

Young Western Guy, over 21 would like to make friends of all nationalities who enjoy sports and movies. Box 024

**Sincere** 25 year old Chinese guy. Family man style, 5'7" seeks over 30s mature guy of any nationality or lovership. **Box 025** 



#### WOMEN'S PERSONAL

This part of *Contacts* is specialy for lesbians wishing to make contact with other like minded women

#### FLAT SHARE

Lesbian, seeks quiet, non-scene, flatmate in outlying island. Couple Welcome \$2,500 plus bills. Box 021

#### GOODS WANTED & FOR SALE

Have you grown out of that ball gown or perhaps you want to sell your extra tiara or earings, this section is just for you.

#### PEN PALS

**Gay Asian Male** from USA, attractive, professional, intelligent, fun, seeks gay male of similar qualities. Photo appreciated. **Box 016** 

#### **SERVICES**

Printing & Design, for that special occasion, you will need special stationary/printing, for a free quotation contact: Island Publishing Co Ltd, G.P.O. Box 13427, Hong Kong. Fax: 547-0898

#### **HEALTH & THERAPY**

This is the place to avdvertise your special theraputic or health products.

#### LEGAL SERVICES

Are you able to offer advice and or counselling on matters legal. Let the world know through a small ad here.

#### **GIFTS**

People are always looking for that special gift for that special person. If you advertise here you may bring joy to someone.

#### TUITION

English Tuition. Private English language tuition to all grades. By experienced qualified teacher. Box 040

## How to Reply

You may reply to as many personal adverts as you wish. Please follow the simple steps below to ensure that your reply reaches the advertiser as soon as possible. Replies will be forwarded for a maximum of 3 months after publication.



Write your reply, and place in a plain sealed envelope with the box number to which you are replying in the top right hand corner (if you are replying to more than one advert please ensure that each reply is in a separate envelope with the box number on the outside.



**Enclose your reply**(s) in a envelope addressed to Contacts Magazine with 2 loose 80c stamps for each reply, and your name and address on a separate piece of paper.



Send to:

Contacts Magazine. G.P.O. Box 13427 Hong Kong.

## Hong Kong Gay Guide

#### **AIDS INFORMATION & HELPLINES**

#### AIDS CONCERN

G.P.O. Box 3350, Hong Kong

Tel: 898-4411

#### **QEH AIDS HOTLINE**

Tel: 780-2211, 710-2553, 710-2571

#### HK AIDS FOUNDATION

13/F, Sunning Plaza Sunning Road, Causway Bay General Enquires Tel: 560-8528

Helpline Tel: 513-0513 Infoline Tel:170 222 170

#### AIDS COUNSELLING & HEALTH EDU-CATION SERVICE

Department of Health

Hotline Tel: 780-221 (Mon - Fri 8AM - 8 PM)

#### **SOCIAL HYGIENE CENTRES**

Ashley Road TST Tel: 368-7821
Western Tel: 859-8302
Tang Shiu Kin Tel: 831-6846
Yau Ma Tai Tel: 388-4041
Kwong Tong Tel: 727-8315
Tsuen Muen Tel: 459-2958
South Kwai Chung Tel: 425-6921

Tel: 803-2249 Tel: 859-2249

#### **SOCIAL GROUPS**

**Enquiries Section** 

#### THE HONG KONG 10% CLUB

Att: Mr Wong. TST P.O. Box 90708

Tel: 692-7506

#### COUNSELLING

#### **HORIZONS**

P.O. Box 33151, Sheung Wan

Tel: 893-0208

#### THE SAMARITANS

Tel: 834-3333

### HKU PERSONAL DEVELOPMENT COUNSELLING CENTRE

HKU, Bonham Road, Western District

Tel: 859-2308

#### ST. JOHNS COUNSELLING SERVICE

St. Johns Cathedral 8 Garden Road, Central

Tel: 825-7207 825-7208

### MARRIAGE & PERSONAL COUNSELLING

1303 Ruttonjee House 11 Duddell St, Central

Tel: 523-8979

#### INFORMATION SERVICE

#### **COMMUNITY ADVICE BUREAU**

Tel: 524-5444



#### **BARS & DISCOS**

#### **PROPAGANDA**

1/F, 30-32 Wyndham St, Central

Tel: 868-1316

Mon - Fri, Sun: 9:00 PM - 3:30 AM

Sat: 9:00 PM - 4:30 AM

#### YY (Ying-Yang)

30 Ice House St, Central Tel: 523-8434 Daily 10 PM - 3 AM

#### **BA PHASE II**

2/F, 14 - 16 Johnston Road, Wanchai 5:30 PM - 3:00 AM

#### **BABYLON**

5/F, Kingpower Commercial Bldg, 409 - 413 Jaffe Rd Wanchai 6:00 PM - 2:00 AM

#### **WALLY MATT LOUNGE**

9 Cornwall Avenue, Tsimshatsui Tel: 367-6874

#### **Fitness Centres**

#### **Bobson Fitness Club**

35-37 Hankow Rd, 3/F Flat D Mag Building, Tsim Sha Tsui Tel: 376-2208

> It's the friends you call-up at 4am that matter

marlene dietrich

#### **SAUNAS**

#### **CENTRAL PARADISE CLUB**

3/F, 36 Wyndham St, Central Tel: 523-5929 Sun - Fri 3:00 PM - 1:00 AM Sat 2:00 PM - 3:00 AM

#### BA

1/F Flat D, Cheung Hong Mansion 25 - 33 Johnston Rd, Wanchai Tel: 527-7073 2:00 PM - 2:00 AM

#### **GAME BOY'S**

2/F, 324 Lockhart Rd, Wanchai Tel: 574-3215 574-3217 12:00 PM - 2:00 AM

#### AΕ

1/F, 32 Java Rd, North Point Tel: 566-7981 2:00 PM - 1:00 AM

#### KK

16/F, Block A, Fuk Kok Bldg, 19 - 21 Jordan Road Tel: 388-6138 2:00 PM - 2:00 AM

#### YUK TAK CHEE BATH HOUSE

123 Prince Edward Rd, Mongkok Tel: 393-9505 12:00 PM - 12:00 AM

## **Advert and Subscription Application Form**Please photo-copy this form for your friends to use

Prices and Order Form	Form	_	Please Note. The Editor reserves the
Avoid delay, check details carefully. Please tick ✓ your selected category box on the right.	efully. category box	☐ Women's Personal ☐ Health & Therapy ☐ Mixed Personal ☐ Legal Services ☐ Flat Share ☐ ☐ Gifts	right to decline to publish any advert without giving reasons, and a full refund will be given. Any advert that is not published due to space restrictions will be published in the following issue of the
Sategory - A	<u>₩</u>	☐ Employment — — — — — — — — — — — — — — — — — — —	publication.
irst 15 Words including Box Number IongKong Residents \$95 \$ Verseas Residents \$150 \$	Number \$	Please insert the following advert in the next issue(s) of Contacts Magazine PLEASE USE BLOCK CAPITALS	issue(s) of Contacts Magazine APITALS
extra Words \$2/word	<b>.</b> .		
Jisplay Box \$40	<b>6</b> 9-6		
dumber of insertions	e 4		
ategory - B			
There is no Box Number for this Category Monde of &Shand	his Category		
sold Type \$30	÷ +		
0isplay Box \$60 sub Total	es es	PLEASE USE BLOCK CAPITALS	APITALS
Number of insertions		Name	Telephone
otal for Category - B	es	Address	
Subscription		I am over 21, signed	Date
Months \$50		I enclose a crossed cheque for \$ Made paya	Made payable to Island Publishing Co. Ltd.
2 Months \$150		Please send your completed Advert/Subscription request to: (all adverts must be pre-paid)	uest to: (all adverts must be pre-paid)
Brand Total	4	Island Publishing Co. Ltd. G.P.O. Box 13427 Hong Kong. Fax 547-0898	27 Hong Kong. Fax 547-0898

## **HORIZONS**

The International Lesbian & Gay Human-Interest Society of Hong Kong

- Telephone Information Hotline
- Counselling & Support Services
- Health Awareness Education
- Reference / Resources / Referrals
- Community Services for the people of Hong Kong

# Lesbian & Gay Phoneline 893-0208 Tuesday & Thursday 7:30 PM - 10:30 PM

P.O. Box 33151, Sheung Wan Post Office, Hong Kong

### **8984411 : WANTING MEN & WOMEN**

Are you fun-loving with a lot of tender loving care?

Do you want to add some colour to your regular days?

Have you considered becoming an AIDS Concern volunteer?

AIDS Concern needs all the volunteers we can get and YOU can become one talk to us and find out all about it.

or write to: G.P.O. Box 3350. Hong Kong

## TCS Independent Counselling Service

Individual - Couples - Group Psychtherapy

#### Linda Rosenbluth, B.A., M.A.

Counselling Psychologist

#### Dedicated to:

- Confidentiality
- Acceptance
- Respect
- Esteem

26F Shouson Hill Rd. Hong Kong

By Appt. Only 555-7393

Fax: 858 1328

#### **BEYOND YOGA**

ALL THE EXERCISE YOUR BODY NEEDS IN A 16 - MINUTE CO-ORDINATED BREATHING AND MOVEMENT ROUTINE WITH MUSIC AND VIDEO.

LEARN IT NOW IN HONG KONG, THEN DO IT DAILY, WHETHER AT HOME OR ON THE ROAD.

### ARICA PSYCHOCALISTHENICS

THE NEW AGE WORKOUT.

INTRODUCTORY CLASSES AND WORKSHOPS BI-MONTHLY

RSVP Nadine Newlight Pager 112-8222 A/C 301